

Parent Pointers

Calendar

Wellsville Central School District
Title I Parent Engagement Program



THE PARENT INSTITUTE®

June • July • August 2016

Parent Pointers Calendar

High School
Parents
still make the difference!

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
June 2016			1 Ask your teen to report on a news item from today's paper at dinner.	2 Give your teen a spiral notebook to use as a journal. Ask her to write in it for 10 minutes a day.	3 Ask your teen to put gas in the car. Teach him how to check the oil.	4 Help your teen improve her vocabulary. Do a crossword puzzle together today.
5 Look at the class schedule of a local college. Which courses interest your teen?	6 Decide on some educational goals each family member can pursue this summer.	7 Talk to your teen as you would to a friend or co-worker. How does your teen respond?	8 With your teen, figure out the average height of family members. Calculate in inches and centimeters.	9 Don't pay your teen for regular chores. Helping out is every family member's responsibility.	10 Does your teen have a summer reading list? Post it and have him check off books as he finishes reading them.	11 Make sure your teen does some kind of exercise every day this summer.
12 Plan a family picnic. Let your teen plan and prepare the meal.	13 Teens still need routines during the summer. Talk with your teen about how she will spend her time.	14 Try to remember your life as a high school student. It can help you relate to your teen.	15 Talk to your teen about social media. Does he use Facebook, Twitter, Instagram? Be sure to check his posts often.	16 Avoid giving in to your teen's demands once you have made a decision about something.	17 Encourage your teen to invite friends over for pizza and a movie. Make sure you learn their names.	18 Bake cookies with your teen. If you're doubling a recipe, have her do the math.
19 Start the summer right. Set limits on television viewing.	20 Mention something you learned recently. This shows your teen that you value education.	21 Strive to eat together as a family at least once every day.	22 Discuss the importance of laws with your teen. What if there were none? What if they were ignored?	23 Keep a map visible in your home. Talk about other places in the world, and have your teen find them on the map.	24 Make an appointment with your teen to do something fun together. Write it on your calendar.	25 Let your teen be your tour guide this summer. Have him plan a family outing.
26 Choose a recipe with your teen. Shop for ingredients, cook and enjoy the results together.	27 Make today dictionary day. Talk with your teen about new words you both think should be in the dictionary.	28 Tell your teen that you believe she can succeed. This will make her more likely to do so.	29 Tell your teen to keep a notebook handy when reading to jot down unknown words and look them up later.	30 When you have a conversation, don't talk more than 30 seconds at a time before letting your teen have a turn.		

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<h2>July 2016</h2>					1 The Fourth of July is coming. Make plans now to spend time that day with your teen.	2 Before your teen buys something, encourage him to compare prices and return policies.
3 Have your teen pick three places within driving distance she'd like to visit. Make plans to do so.	4 Read the Declaration of Independence with your teen today. Talk about why it was written.	5 Encourage your teen when he faces challenges. Say, "Go for it!" or, "You can do it!"	6 Talk with your teen about a choice you have made. Then talk about the consequences.	7 Power struggles don't work with teens. Too much parental control can cause rebellion.	8 Take a walk late tonight with your teen and look at the sky. Can she pick out any constellations?	9 Serve your teen's favorite breakfast today just to say, "I love you."
10 Have each family member prepare one part of a meal, then enjoy it together.	11 Is your teen getting bored? See if your library needs volunteers. Check with other organizations, too.	12 Talk with your teen about how each of you could improve your listening skills.	13 Do everyday things, such as washing dishes, with your teen to gain more time together.	14 Exercise your teen's memory. What did he eat yesterday? Two days ago? Challenge each other.	15 If your teen loses items, make her responsible for replacing them. She'll learn to be more careful.	16 Be tourists in your own hometown today. Visit a local historical site with your teen.
17 Enjoy some outdoor physical activity as a family today.	18 Have your teen solve silly math problems. Ask him, "How many hours until the first day of school?"	19 Tell your teen why you appreciate her today.	20 Is your teen turning into a summer couch potato? Limit TV time and encourage outdoor activity.	21 Play Alphabet Mix up. Choose a word; rearrange the letters in alphabetical order. Can your teen figure out the word?	22 Discuss an international news event with your teen. How is it affecting your country?	23 Have your teen time how long a car trip takes. How many miles did you travel? What was your average speed?
24 Give your teen a hug today.	25 Ask your teen to tell you some of the things you've done together that he most enjoyed.	26 Choose a number, then have your teen list all the things she can think of that come in that number.	27 Encourage your teen to write a letter to the editor of a local newspaper on a topic that concerns him.	28 Illegal drugs can be deadly the first time kids use them. Talk with your teen about the dangers of drug abuse.	29 Try to have a rhyming conversation with your teen. It may be tough at first, but you'll get better!	30 "Because I said so!" may be frustrating for teens to hear. Explain your reasoning.
31 Have dinner by candlelight tonight.						

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	1 Talk with your teen about the upcoming school year. What are her goals?	2 Point out an example of prejudice to your teen. Talk about ways to deal with intolerance.	3 Compare your family's values to those you see on TV shows. How are they different or alike?	4 Ask your teen what he would do if a friend stole something from a store.	5 Have your teen check the ads in the Sunday paper for the best buys on back-to-school items.	6 Stop fighting with your teen about clothes. Give her a budget and let her take responsibility.
7 Ask your teen to brainstorm dinner ideas for the week.	8 Ask your teen, "What is one thing you wish we did differently at home?" Be open to his suggestions.	9 Tell your teen one specific thing you love about her today. Try to do this every day.	10 Have your teen research possible future careers. What skills or education are required for each?	11 Does your teen want to work during the school year? Make sure he knows schoolwork comes first.	12 Keep the television turned off today. Let your teen think of alternate activities.	13 Have breakfast with your teen today. Talk about what she likes best about her friends.
14 Start having weekly family meetings. Talk about family news and goals. Celebrate successes.	15 Talk with your teen about how his summer went. Can he name three things he learned?	16 Does your teen know the names of the senators from your state or province? If not, help her learn them.	17 Do you know your teen's friends? Make a list of their names and phone numbers to keep on hand.	18 Ask your teen to select and read a news article to you. Share your opinions about it with each other.	19 Listen to a piece of music that has no lyrics. Have your teen write his own words to the song.	20 Take a walk with your teen and use all five senses to observe the world around you.
21 Visit an outdoor site with your teen today, such as a garden or a park.	22 Remember that the key to getting your teen's respect is showing your teen respect.	23 Talk about your family's fall routine. Make plans to eat at least one meal a day together.	24 Do you have nutritious after-school snacks on hand? Have your teen help pick them out.	25 Write upcoming school events on your family calendar. Make plans to attend as many as you can.	26 Look for an educational show on television to watch with your teen tonight.	27 Spend 20 minutes on DEAR time today (Drop Everything And Read).
28 Declare this an Acts of Kindness Day. Make a special effort to be kind to each other. It may become a habit!	29 If your teen is faced with a big decision, talk about it within the context of your family values or faith.	30 Notice and talk about the good qualities of your teen's friends.	31 Teach your teen a favorite song from when you were her age.	<h2>August 2016</h2>		

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